

GGCC 3rd Year Anniversary Sportive to Arran 2014



10TH AUGUST 2014

A great way to celebrate another fantastic year!

We can't believe it has been 12 months since we all headed to Millport for our 2nd Anniversary.

GGCC welcomes all its members and supporters to join us for a Club Sportive on the Isle of Arran which includes

- Several routes and challenges.
- Amazing location for Lunch and early evening celebrations.

Contact Us

We have had a fantastic response to this event already and we ask you all to let us know if you and your families will be coming along

Email the team @ GGCC on
theteam@glasgowgreencycleclub.co.uk

Text : 07760 676262 or 07789 757676

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Snapshot of the day

Arran



They say Arran in Scotland in miniature. It certainly has a lot offer. This will be the second time GGCC have visited the Isle for our anniversary sportive.

Auchrannie Resort



GGCC like to make sure our members are looked after on each run. This year we opted to use Auchrannie Resort. We feel this is one of the best spots on the Island to spend time as a group.

Spectacular Scenery on the bike



On the day you will have the chance to take in some of the most amazing scenery on offer in Scotland. From seals sunning themselves on the rocks to mountain top views back to the mainland, you will not be disappointed with the views all the way round the island.

Event Overview

Glasgow Green Cycle Club have grown from strength to strength over the last 3 years and we are now in an enviable position of being one of the largest, most well respected and pro-active cycle clubs in Scotland.

GGCC was born from an initial idea Ray & Andy had way back at the start of 2011. They wanted to create a cycle club that would cater for cyclists of all abilities and provide an environment which would allow every one of every ability to enjoy time on a bike whether that be on the road, track or mountain trail.

The last 12 months have seen the club grow week on week and month on month. The first club run in 2011 had 3 riders and now we regularly have 50 members taking part on our Wednesday and Sunday rides. GGCC have grown to a core membership of 170 who enjoy some fantastic cycling around the countryside of Scotland.

The team @ GGCC has now confirmed the details for this very special event on Sunday the 10th August 2014. GGCC members will have the opportunity to take part in a club specific sportive.

An overview of the day is to leave from Glasgow Green and travel to Ardrossan, hop on the ferry to Brodick and enjoy some lunch, fantastic cycling on the island with special anniversary celebrations later in the day.

GGCC will have our support vehicles on the day to help with feed stations, mechanicals etc. in order that the day will run as smoothly as possible.

As a thank you from the club, GGCC will be contributing to some of the costs for the day. With this in mind we are only inviting supporters and paid up members of our club.

We ask that each group rides together on the day as we want to celebrate this special day as a group. However there will be a few special challenges on the day to give everyone a chance to stretch their legs.

Weather dependent, the plan is to spend the day on the island and travel back on the ferry around 7pm.

I am sure there will be further celebrations on the ferry as we all head home after another tremendous day in the saddle with GGCC.

Itinerary

8:00 1. Cars meet @ Glasgow Green

Those traveling by train need to book their own bike and travel. Others to meet up share the spaces for others to travel together to Ardrossan.

8:10 2. Travel to Ardrossan
Any drivers wishing to meet @ the green can do so and then travel in convoy.

9:10 3. Arrive in time to catch ferry

All members, bikes and support vehicles will board the ferry @ 9:25

10:40 4. Ferry arrives in Brodick
We plan to start the event for 11am which will take the group on its first leg of 22 miles to the lunch stop

11:15 5. Arran 1 Mile Hill Climb
This short event will allow everyone to get their legs warmed up for the day ahead

12:30 6. Lunch @ Auchrannie Resort

This will allow us a an hour and half for lunch

14:00 7. Set off for a loop of the Island

2 routes are planned for the day (43 and 55 miles).

16:00 8. Group arrives in Pirnmill Feed stop planned

17:30 9. Groups arrive back at Auchrannie Resort
We will have a get together a few celebrations before heading back home. Tea coffee cake will be made available

19:00 10. All members meet at Brodick Ferry Terminal
We would like everyone to be at Brodick in plenty time for the ferry.

19:20 11. Ferry to Ardrossan
More celebrations on the ferry home.

20:15 12. Ferry Arrives in Ardrossan
Unpack the van and then make our way home

22:00 SLEEP!!

Auchrannie Resort & Spa

The Johnston family and their team welcome you to the multi award winning Auchrannie Resort

On the stunning Isle of Arran, one of Scotland's most beautiful, diverse and accessible islands, Auchrannie is one of Scotland's leading resort destinations and has the recipe to provide whatever you are looking for in a relaxing break, active weekend.

In the House Hotel, you can sample the more relaxed atmosphere of the bustling Brambles Seafood and Grill or the laid back ambience of our flagship bar restaurant eighteen69.

GGCC have agreed with Auchrannie that any family members who are travelling with the club on the day can take advantages of the leisure facilities FREE OF CHARGE. This will give the adults and kids the chance to have a splash about in the pools or have fun in the playbarn.



Auchrannie is unique with two leisure clubs for guests to choose from. Both leisure clubs have a 20 metre pool, sauna, steam room and gym to help you chill out and relax.

To complete our facilities there is a large children's playbarn and sports' hall.

If you are feeling a bit more adventurous there's a range of activities from kayaking to gorge walking, mountain biking to archery to choose from.

Pamper... Allow yourself to discover a place that will soothe and nurture your entire being with our relaxing beauty treatments and blissful alternative therapies.

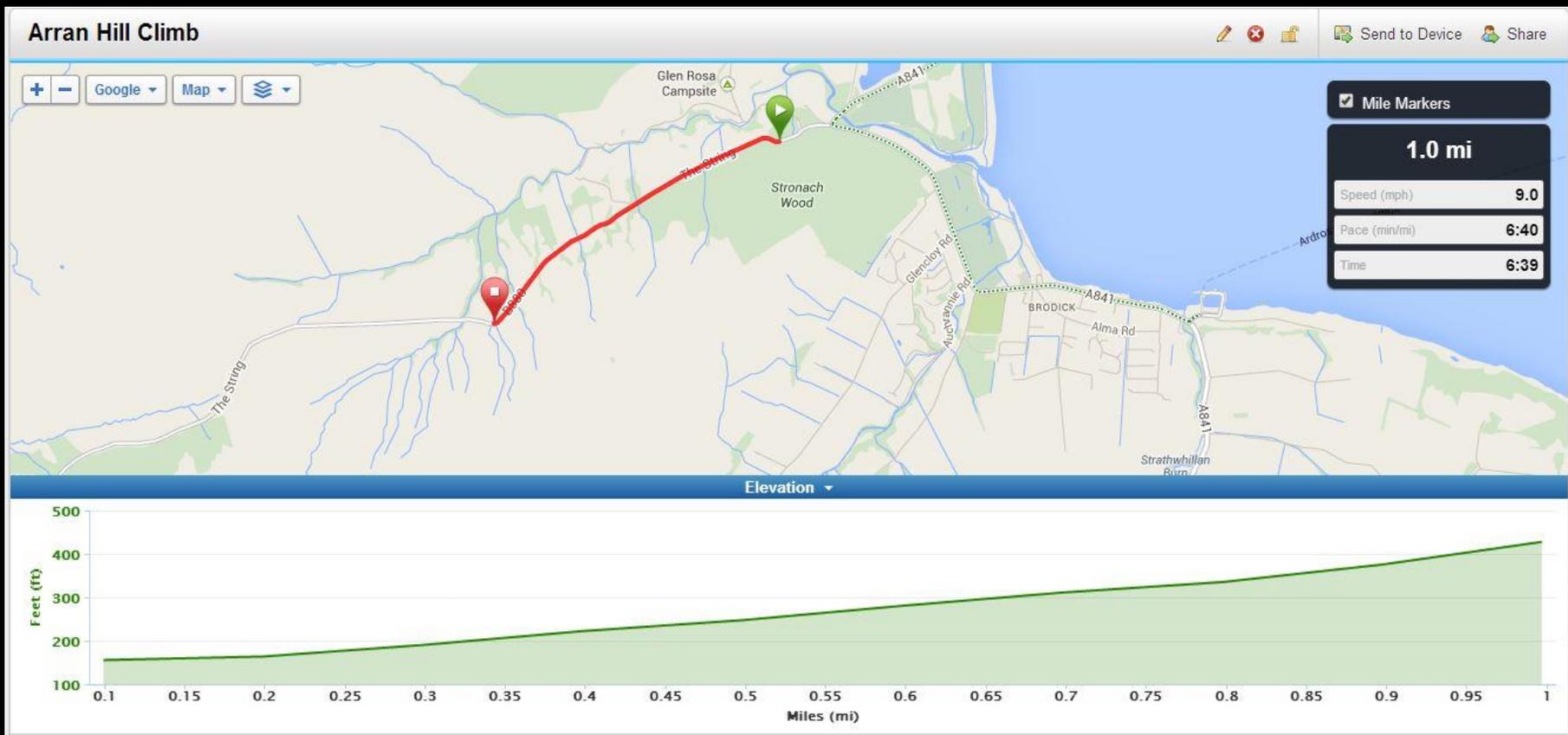


Route overviews

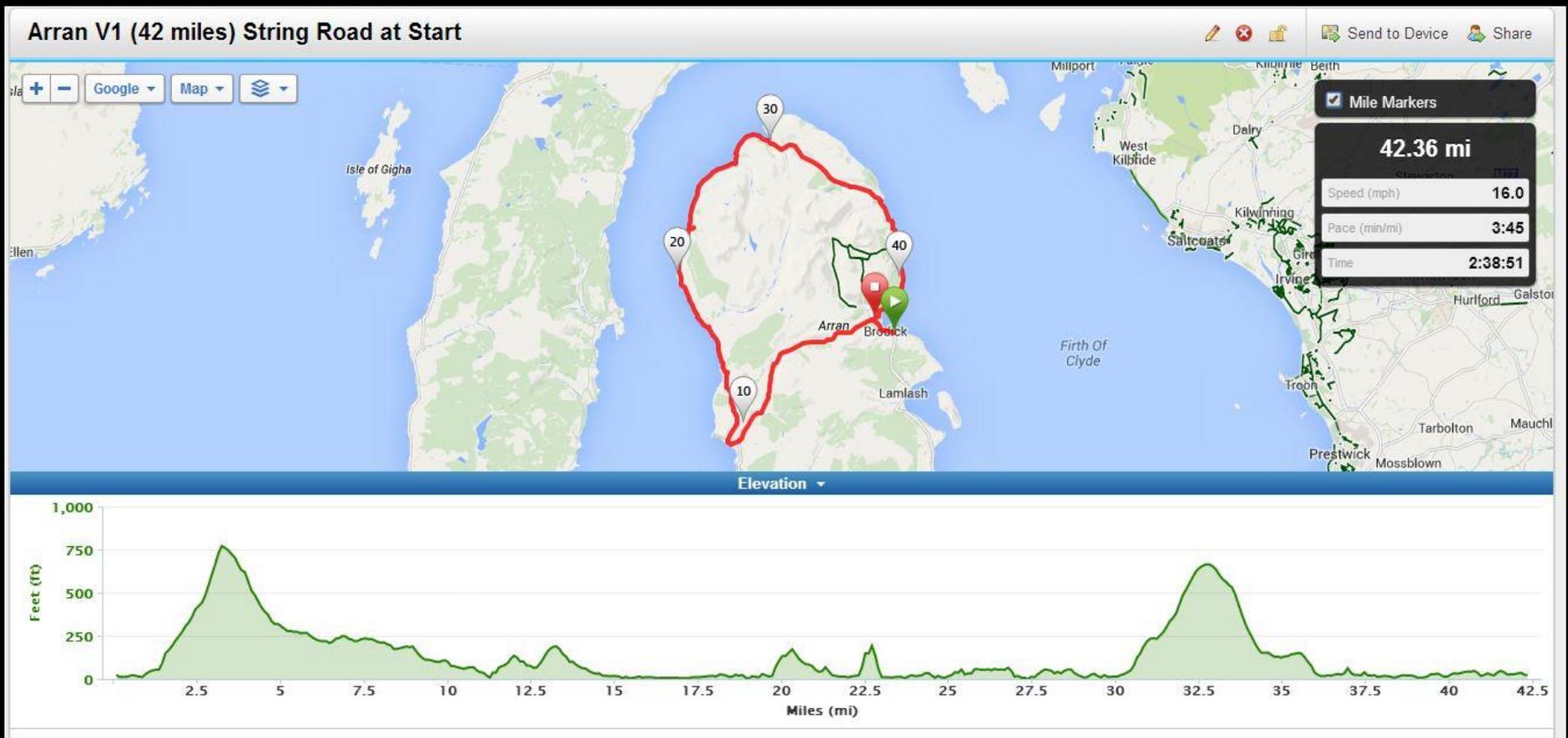
Hill Climb and Endurance Rides on the day

Dependent what you want to get from the day, GGCC have provided various routes on the day.

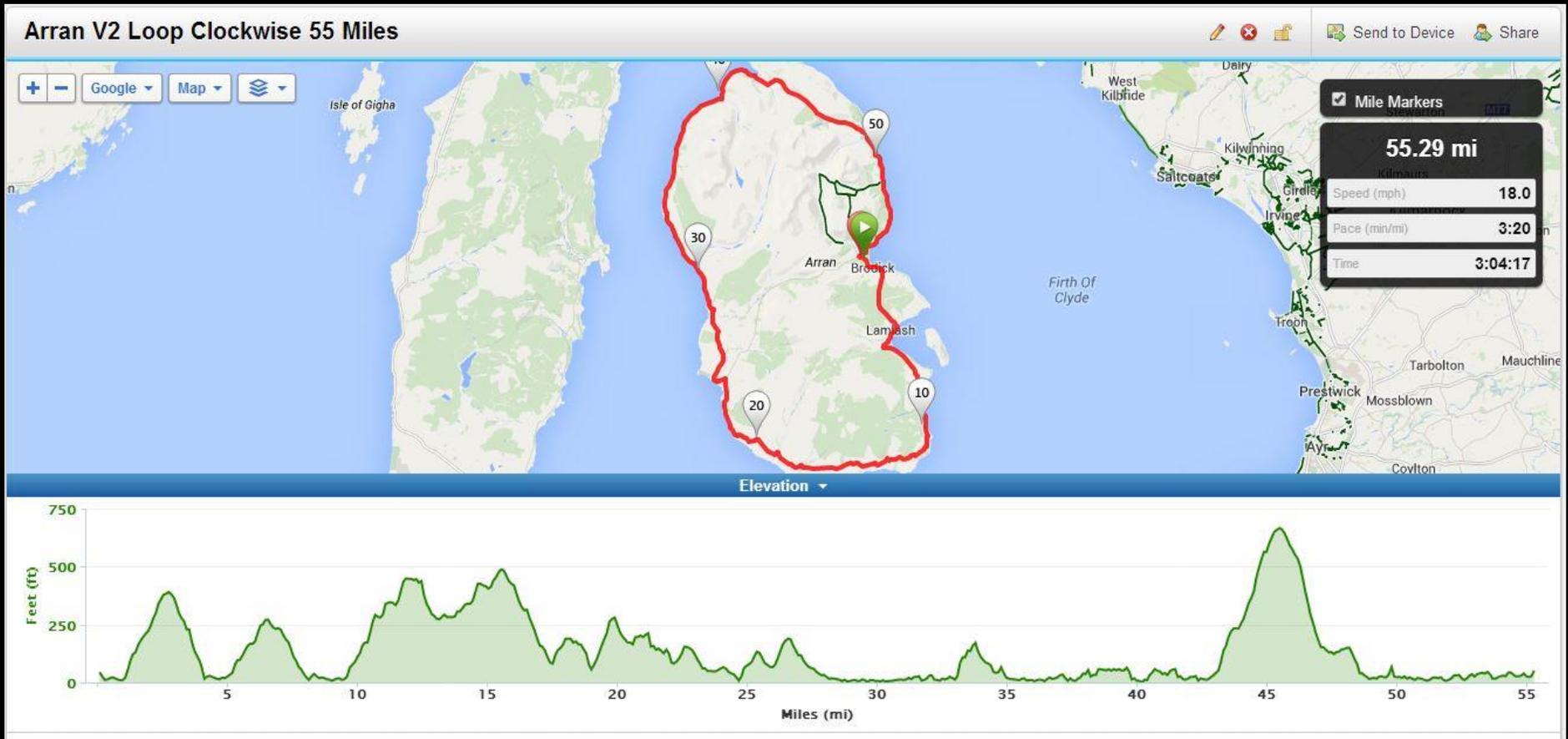
Hill Climb Route <http://connect.garmin.com/modern/course/7250693>



Sportive Course Option 1 (46 Miles) <http://connect.garmin.com/modern/course/7250591>



Sportive Course Option 2 (55 Miles) <http://connect.garmin.com/modern/course/7250617>



Preparations for the day

We ask that each rider brings the correct equipment for a day on the bike. Lunch will be provided as well as snacks later in the day. However, it is important that you bring along enough drinks and gels to make sure you are refueling on the ride itself.

As with every club run, you will need to bring:

- Tool kit, spare tubes, pump, canisters etc.

You can leave larger items in one of the support vehicles so that you don't need to carry these during the day. Should you have a major mechanical then the support vehicles will be on hand to support you. Please make sure you have your mobile phone to make contact with support should you need to. Contact details of the support vehicles will be provided on the day.

In order that we reduce any unnecessary delays on the day of the event, we would ask that everyone takes the time to check over their bike.

The following points are only a guide and not an exhaustive list of checks you can make.

1. Having a clean bike helps reduce the chance of components failing.
2. Check tyres for the correct pressure and that they have no tears or imperfections on the surface of the tyre.
3. Oil the moving parts of your bike taking care not to get any oil on the braking surface of your wheels or brakes.
4. Avoid using new equipment for the first time on this event as this could lead to issues that could have been resolved on a practice run.

Have your bike serviced @ Dales Cycles

Take time to have your bike checked over before the event to make sure you have an enjoyable day in the saddle.



Lunch Menu Details

3rd Anniversary Sportive Lunch Menu

You can choose 2 courses from the menu below

Starters

Hot smoked salmon rilette

pickled cucumber, chive creme fraiche

Soup of the day

served with crusty bread

Vegetarian Option

Confit plum tomato and mozzarella salad,

Served with fig chutney

Mains

Baked fillet of Hake

garlic crushed new potatoes, braised baby gem, pea and pancetta cream

Seared chicken supreme

fondant potato, roast root vegetables, pan jus

Vegetarian Option

homemade Tagliatelle, with wild mushroom and Arran cheddar sauce served with garlic bread

Event Costs

GGCC have negotiated a discount to the normal ferry cost. Please use the discount reference "Glasgow Green Cycle Club" when purchasing your tickets.

Ferry only (return) = £9.65 adults, £4.85 Child (bikes free)

2 Course Lunch including iced water or soft drinks (12:30 pm)
Teas, coffees & cakes late afternoon (5pm)

£20 per person

Support Vehicles ferry ticket and diesel = £180**

*** (GGCC will cover this cost)*

WE LOOK FORWARD TO SEEING YOU ALL ON
WHAT WILL BE A GREAT WAY TO
CELEBRATE THE CLUBS SUCCESS WITH
FAMILY AND FRIENDS